

Biography of Vern Breland

Mayor Vern Breland was born in Pomona, California, but raised in Spencer, Louisiana since age 2. He graduated from Sterlington High School in 1980. In 1982, he joined the Navy and served 2 tours before receiving an honorable discharge as a Signalman, first class. Upon returning to Louisiana he began a 12 year career in Law Enforcement where he was employed with the Monroe Police Department, Union County Sheriff Department, Monroe City Marshal Office and the Sterlington Police Department. When in 2003, mobility impairment issues made it necessary to retire from law enforcement, Mr. Breland enrolled in college at age 39. He graduated from ULM in December, 2006 with a Bachelor's Degree in History. While in college, he served as a Town Councilman and Mayor Pro Tem for The Town of Sterlington and was elected the town's first fulltime Mayor in 2006. He took office in January, 2007 and is currently in his second term. Mayor Breland is a graduate of Leadership Ouachita 2007, Leadership Louisiana 2008, and Delta Leadership Institute 2010. He was elected as District "C" Vice President for the Louisiana Municipal Association in July, 2007 and served 3 consecutive terms. In August 2011 Mayor Breland was elected to the Executive Board of the LMA as 2nd Vice President and in August, 2012, he was elected 1st Vice President of that organization. Mayor Breland has also obtained through the Louisiana Department of Health and Hospitals a level 4 Wastewater Treatment and Wastewater Collection for the Town of Sterlington. He currently sits on the Northeast Louisiana Economic Alliance Board. Mayor Breland is married to Melissa Puckett Breland. They have 4 adult children and 4 grandchildren.